

NESCA, P.C.

Neuropsychology & Education Services for Children & Adolescents

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Press Release

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NESCA Announces New Clinical Staff Appointments

Two Specialized Pediatric Neuropsychologists Add Expertise & Shrink Waiting List

NESCA (Neuropsychology & Education Services for Children & Adolescents) Director Dr. Ann Helmus has announced the appointment of two new, highly-trained pediatric neuropsychologists to her clinical staff, increasing the Newton, MA private practice's compliment of doctoral-level clinicians to ten. By virtue of their specialized training, these new staff members will significantly increase NESCA's expertise in working with both very young children and young adults, while their presence will reduce the time families in need of services might otherwise have spent on a waiting list. Joining NESCA in September will be Robyn Glover, Ed.M., Ph.D. and Amy Allgair, Ph.D.

Newton, MA May 5, 2010 - Dr. Ann Helmus, founder and director of NESCA, a Newton private pediatric neuropsychology group practice, today announced the appointment of two new, highly-trained pediatric neuropsychologists to her clinical staff, increasing her group's complement of doctoral-level clinicians to ten. "We are extremely fortunate to have been able to attract and retain a group of such skilled and talented clinicians. Increasing staff while maintaining our standards is a win-win, both for NESCA and for families who will no longer have to wait as long for the services they need and deserve."

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Amy Allgair, Ph.D.

Dr. Allgair will be joining NESCA upon completion of two years of post-doctoral training in adult and pediatric neuropsychology at McLean Hospital in Belmont, MA.

She holds a B.A. degree from Lehigh University and received her Ph.D. in Clinical Psychology (Neuropsychology Specialization) from Suffolk University. While at Suffolk, she participated in many practicums focused on neuropsychological assessment, including a year-long experience at the Center for Children with Special Needs at Tufts Medical Center. She also completed many independent research projects involving structural neuro-imaging.

Dr. Allgair then completed an APA-accredited internship at Brown University's Warren Alpert Medical School. Many of her rotations there advanced her training in pediatric neuropsychological assessment and provided her with experience in child therapy. She was most recently involved in a research project at Brown outlining neuropsychological factors that mediate treatment outcome in children with OCD.

She received additional training at the Tufts-New England Medical Center in Boston, MA, the Edith Nourse Rogers Veterans Administration Hospital in Bedford, MA and the Lemuel Shattuck Hospital in Jamaica Plain, MA. At the Chelsea Juvenile Court Clinic in Chelsea, MA, as part of Massachusetts General Hospital's Children and the Law Program, she served as a therapist to adolescent offenders on probation or pending trial for assault and battery or gang related offenses.

Dr. Allgair specializes in both neuropsychological and psychological assessment. She is especially interested in how emotional factors impact cognition and learning. Much of her training has focused on children, teenagers and young adults with attentional and learning disorders (such as ADHD and dyslexia), and anxiety and depression.

Robyn Glover, Ph.D.

Dr. Glover holds a B.A. degree in psychology from Yale University, a M.Ed. degree from Harvard University and both M.A. and Ph.D. degrees in clinical psychology from Fordham University. She is also a New York State-Certified school psychologist.

Dr. Glover is currently completing her post-doctoral training in the Learning and Emotional Assessment Program (LEAP) at Massachusetts General Hospital, conducting neuropsychological and psycho-educational assessments. There, she works with children with symptoms of psychological disorders, learning disabilities, developmental disorders (e.g., autism spectrum disorders) and other neuropsychological deficits. In the course of her training, she has also conducted such assessments within hospital settings, public schools, private schools and in the private sector.

Her extensive training has also included employment at Beth Israel Medical Center in New York, the New York University Child Study Center, the Albert Einstein College of Medicine and the Early Intervention Center of Brooklyn.

Especially noteworthy is Dr. Glover's involvement with *Jumpstart for Young Children*, a non-profit organization that trains and supports college students as they work to develop the literacy and social skills of preschoolers struggling academically and

behaviorally in their classroom. A founding member while at Yale, she served with this organization during the first seven years of its operations in positions ranging from Program Coordinator to Director of Special Projects to Acting Executive Director.

Dr. Glover was a member of, and continues to serve as an advisor to the ALANA Program of the Harvard Medical School Department of Psychiatry. This organization provides mentorship and support for psychology trainees, while promoting a multi-cultural discourse among members of the Harvard Medical School affiliated hospitals.

About NESCA

NESCA evaluates and treats children aged pre-school through adolescence confronted by developmental, learning or emotional challenges. NESCA offers a full range of neuropsychological testing, diagnostic and treatment services, specializing in the evaluation and remediation of nonverbal and other learning disabilities, assessment of executive functioning and ADHD, special education issues, school placements and tutoring, as well as projective testing, counseling, social skills development and yoga-based, mind-body integration therapy. A specialized division, TDC – The Developmental Collaborative at NESCA, provides diagnostic and treatment services for children with autism spectrum disorders ranging in age from two years through early adulthood.

For additional information about NESCA, its staff and service, please call Todd Helmus at 617-658-9813, visit our website, www.nesca-newton.com or subscribe to our blog: www.nesca-news.blogspot.com.